

Blackberry Basil Tea



Ingredients:

8 cups water
4 organic black tea bags
½ cup fresh blackberries, muddled
½ cup sugar
2 tablespoons fresh basil leaves, chopped

Directions:

- 1) Heat water to boiling.
- 2) Place the muddled blackberries, basil, sugar and tea bags in a large jar and pour in the boiling water. Steep the mixture for 5 minutes.
- 3) Discard the tea bags and strain the tea into a pitcher or storage container. Allow the tea to cool and then refrigerate until chilled.
- 4) Serve over ice with a skewer of fresh black berries and a sprig of basil.