

Gluten-Free Everything Bagels



Ingredients:

2 cups cassava flour
1 1/2 teaspoons baking powder
1/2 teaspoon Kosher salt
2 cage-free organic eggs
1 cup unsweetened almond milk
3/4 cup plain nonfat Greek yogurt
Everything bagel seasoning

Directions:

- 1) Line a baking sheet with Parchment paper and preheat your oven to 350 degrees.
- 2) Combine the flour, baking powder, and salt in a large bowl.
- 3) Whisk one egg, the almond milk, and yogurt in a smaller bowl until combined.
- 4) Add the wet ingredients to the bowl with the dry ingredients and stir until you have a dough ball. Add a splash of more almond milk if the mixture is too dry.
- 5) Divide the dough into six equal portions, and roll each piece into a six-inch by a one-inch long rope. Place the ropes on the Parchment-lined baking sheet and join the ends, forming a circle. Use your fingers to shape and smooth the dough as you go.
- 6) Whisk the remaining egg with a tablespoon of water in a small bowl, and using a pastry brush, brush the egg wash over the tops and sides of each bagel. Sprinkle each bagel with the Everything bagel seasoning and place the baking sheet in the oven.
- 7) Bake the bagels for 30 to 40 minutes until the outer crusts are lightly browned and firm to the touch.
- 8) Remove the bagels from the oven and transfer them to a wire rack to cool. Store any leftovers in an airtight container.